

Mexican Avocado Salad

This refreshing salad is perfect for a warm day! It can be eaten as a meal or a side dish.

Ingredients:

- 2 cups black beans
- 2 cups corn
- 2 cups artichokes, coarsely cut
- 3 avocados, diced
- 2 cups grape tomatoes, cut in half
- 2 cups spinach, chopped
- 4 cups cooked brown rice
- 1 cup cilantro, chopped and separated into two half cups
- 4 Tbsp lime juice, separated into two 2 Tbsp amounts
- 1 tsp apple cider vinegar
- 1 tsp agave nectar

Instructions:

1. In a large mixing bowl, combine black beans, corn, artichokes, avocados, grape tomatoes, and spinach.
2. In a small mixing bowl, add ½ cup cilantro, 2 Tbsp lime juice, garlic powder, agave nectar, and apple cider vinegar, and mix well.
3. Add the dressing to the vegetable mix and stir well.
4. Mix the remaining ½ cup of cilantro and 2 Tbsp lime juice to the brown rice; stir.
5. To serve, spoon the salad mixture over the brown rice. Enjoy!

